

Alyssa Scardina, PT, DPT

Physical Therapist



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Profile

Alyssa Tindal, PT, DPT graduated with a Doctorate in Physical Therapy from Mount Saint Joseph University located in Cincinnati, OH. Since then, she has joined Illinois Bone and Joint Institute in Bannockburn, IL. Prior to her graduate education, Alyssa attended Xavier University in Cincinnati, OH and earned a Bachelor of Science in Psychology while also playing Division I soccer for the Musketeers.

Alyssa has experience treating a variety of patient populations including orthopedic, neurological, chronic pain, and sports medicine. Her treatment style includes various manual techniques, therapeutic and neuromuscular exercises, and providing education on injury prevention. Alyssa has a passion for learning and believes that open communication and a team-based approach can lead to successful outcomes and patient satisfaction.

Alyssa was born and raised in Cleveland, OH. Outside of the clinic, she enjoys playing soccer and staying active, as well as spending time with her family and friends.

Education

- Bachelor of Science in Psychology, Xavier University, OH
- Doctorate in Physical Therapy, Mount Saint Joseph University, OH