

Ashley Laufer, PT, DPT, CMTPT/DN

Physical Therapist



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Profile

Ashley joined the IBJI team in 2014 following graduation from Rosalind Franklin University of Medicine and Science with a Doctor of Physical Therapy degree. Her interest in rehabilitation began in high school when she became involved in student athletic training. Ashley is a proud member of the IBJI Grayslake team and appreciates the inter-professional environment that IBJI provides. She also serves as the assistant facility manager at the clinic.

Ashley enjoys treating a variety of diagnoses from joint replacements to sports injuries. She has also developed an interest in the treatment of foot and ankle along with orthotic fabrication and compression wrapping.

She is certified in myofascial trigger point therapy and dry needling and implements this during appropriate treatment sessions to help reduce pain and improve functional outcomes.

Outside of work she enjoys spending time with her family and friends, being outdoors and staying active.

Education

- BS, Kinesiology - Michigan State University
- Doctorate of Physical Therapy - Rosalind Franklin University of Medicine and Science