

Candice Szymanski, PT, MSPT

Physical Therapist



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Profile

Candice Szymanski PT, MSPT has been specializing in orthopedic physical medicine since graduating with her master's degree from Carroll College in late 2004. Since then she has been passionately building on her experience and providing excellent patient care to the local communities as part of Illinois Bone and Joint Institute.

Centered out of the Grayslake location, she enjoys treating across the lifespan with an avid interest in pediatrics, total joint replacement, spine and ankle care. She assists with programs such as compression wrapping, running evaluations and custom orthotic casting.

She enjoys teaching as a clinical instructor to physical therapy/physical therapy assistant students. She upholds strict standards in documentation, evidence based treatment strategies, and promoting community service activities including in house running clinics, spine care exercise classes, and has worked closely with physicians at establishing post operative protocols for a variety of different patient populations.

When she is not working, she enjoys spending time with her two daughters, foodie shopping at the farmers' markets, or hiking in the local forest preserves.

Education

- B.S. Carroll University
- Masters of Physical Therapy, Carroll College

Certifications/Honors:

- Certified Clinical Instructor
- CPR certified