

Patrick Cristi, PT, DPT

Physical Therapist



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Profile

Patrick Cristi received his Doctorate of Physical Therapy from Midwestern University in May of 2018. He completed his Bachelors of Science in Psychology at Clarke University in Dubuque, Iowa, where he was also a 2-year member of the Men's Volleyball team who finished 3rd in the NAIA National Championships in the 2013-2014 season.

Patrick was recently certified in Functional Movement Techniques (FMT) from Rocktape in basic and advanced techniques in kinesiology taping. His clinical interests include sports medicine/return to sport training, post-operative rehabilitation, and fall risk reduction. He is a firm believer in the biopsychosocial model of healthcare with an emphasis on establishing relationships far beyond the rehabilitation continuum. Patrick is grateful for the opportunity to interact with patients of all different backgrounds and feels as though it is his duty to empower his patients to take control of their bodies in order to return to activities that they love and want to do.

Outside of the clinic, Patrick is most likely at the gym, indulging in international cuisine, or rooting for a beloved Chicago sports team. He is a die-hard Cubs, Bears, and Bulls fan and enjoys attending games whenever/wherever possible!

Education

- Bachelor of Science, Psychology, Clarke University, Iowa
- Doctor of Physical Therapy, Midwestern University

Certifications

- Functional Movement Techniques