

Bridget Kelly, PT, DPT, CSCS

Physical Therapist



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Profile

Bridget Kelly, PT, DPT, CSCS completed her doctoral education in 2020 and is excited to begin her career with Illinois Bone & Joint Institute at the Buffalo Grove clinic.

Bridget enjoys treating numerous orthopedic diagnoses and believes in creating an individualized treatment plan in order to reach a full recovery. Bridget utilizes various manual techniques and functional movements to decrease pain and increase overall wellness. Additionally, Bridget is a Certified Strength and Conditioning Specialist who looks to improve athletes' ability to return to sport and maximize performance.

Throughout her education, Bridget has had the opportunity to work with a variety of populations and her experience has sparked her interest in orthopedic rehabilitation. She strives to provide the best possible care for her patients by continuing to learn and grow as a therapist.

Education

- BS, Exercise Science, Loyola University Chicago
- Doctorate in Physical Therapy, Rosalind Franklin University