

Ashlynnne Schwantz, PT, DPT, ATC

Physical Therapist, Athletic Trainer



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Profile

Ashlynnne Schwantz, PT, DPT, ATC received her Doctor of Physical Therapy from Governors State University in 2021 and received her B.S. in Athletic Training from the University of Iowa in 2018. Ashlynnne grew up in Palatine, Illinois and attended Fremd High School in Palatine.

Throughout clinical rotations for physical therapy and athletic training Ashlynnne was able to work with a variety of populations including outpatient orthopedic, inpatient acute therapy, and spent time working with Division I athletes at Iowa as well as with professional athletes on the Chicago Bears. Ashlynnne believes in a comprehensive approach to physical therapy and will work with each individual patient to establish goals that are meaningful to them and develop a plan of care to help patients achieve their goals.

Outside of work Ashlynnne enjoys spending time with her family and Goldendoodle Payton, reading, exercising, and watching the Chicago Bears and White Sox.

Education

- Bachelors of Science in Athletic Training, University of Iowa
- Doctor of Physical Therapy, Governors State University